



There is no happier place than our Early Childhood Center. From six weeks to PreK, our children develop a positive self-concept, a joy for learning, and the ability to work and play well with others.

- Small class sizes
- Beautiful outdoor playspaces
- Kindergarten readiness
- Large motor experiences daily
- Partnerships with MacPhail Music, Como Zoo, Minnesota Children's Museum, Science Explorers, and many others
- Evening and weekend family programs
- Full and part time enrollment options available



**sabes jcc**

# early childhood - fall 2015

## PRESCHOOL ZUMBA

### Ages 3 1/2 - 5 years old

Zumba is all the rave! Join us as your child is introduced to Zumba, the fitness dance party based around Latin music. Children will be moving and shaking through this whole class while they learn fun moves they can do anywhere!

#11855	\$120; \$105 JCC Members
Wed	Sept 9-Nov 18 (no class 9/23)
12:45-1:30pm	10 classes

## YOGALI

### Ages 3 1/2 - 5 years old

Yogali introduces yoga to children in a fun and creative way. The class emphasizes the classic aspects of yoga: breathing, exercising poses, and relaxation. In every class the children practice elements of Hatha yoga, while being encouraged to use their imagination by creating poses connected to games and stories. The principal focus of the yoga class is to nurture a strong, healthy body, and a calm mind.

#11857	\$140; \$116 JCC Members
Thur	Sept 10-Nov 19
12:45-1:30pm	11 classes

## SCIENCE EXPLORERS RAINFOREST JOURNEY

### Ages 3 - 5 years old

Travel along with Science Explorers as we investigate an environment where it's always warm, the trees are always green, and the animals are very unique. We will first learn about the layers of a rainforest. Then discover the animals that make the rainforest their home from the slow moving sloth to the plate-size tarantula and more. Join us as we explore a tropical rainforest through experiments, games, stories and art project.

#11856	\$96; \$84 JCC Members
Mon	Oct 12-Nov 16
12:45-1:30pm	6 classes

**For more information  
contact Anna Boyer  
(952) 381-3318  
aboyer@sabesjcc.org**

## EARLY CHILDHOOD FAMILY EDUCATION (ECFE)

Our ECFE program is designed to bring families together! We meet once a month, on Sundays at 10am. Families can sign-up for one or all of the weekly sessions based on their individual Thainterests and needs. Sessions vary in length with the education component infused into hands on activities appropriate for young children or educational support for parents/caregivers.

## LITTLE REMBRANDTS EXPLORE THE MASTERS

### Ages 3 - 5 years old

Why does Monet paint in dots? Why was Picasso so famous if all he did was funny faces? Students learn about the Masters and explore the techniques they used to create their masterpieces. Students will use a variety of materials to explore art making. This session the group will focus on a nature theme and the artists Lois Ehlert and Andrew Goldsworthy. All supplies needed for this class are included in the cost.

#11853	\$135; \$115 JCC Members
Fri	Sept 11-Nov 20
12:45-1:30pm	11 classes

## AMAZING ATHLETES

### Ages 3 - 5 years old

This is a wonderful opportunity for your young child to engage in a developmental sports and fitness program that teaches the basic fundamentals and mechanics of various sports. In addition to learning the foundation of key sports children will also build self-confidence, practice teamwork, and improve their fine motor and large motor skills.

#11859	\$155; \$140 JCC Members
Tue	Sept 8-Nov 17 (no class 9/15)
12:45-1:30pm	10 classes